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南華體育會 South China Athletic Association



2018-5-1 (Tue)

**Hongkong Post** 



11:00-15:00



www.scaa.org.hk Tel: 2577 6932



南華體育會



免費體驗運動樂趣 **Sports Free Trial** 



與教練溝通 **Meet the Coaches** 



暑期課程9折優惠 10% off Course Fee





























體育中心(高座) Sports Complex (High Block)

**Grass Pitch** 

國術 Chi. Martial Arts

欖球 Rugby

保齡球場

保齡球

Bowling

**Bowling Centre** 

B/F 游泳

**Swimming** 

8/F 乒乓球

**Table Tennis** 

剑擊 **Fencing** 

11/F 籃球

**Basketball** 

閃避球

Dodge Ball

12/F 羽毛球

**Badminton** 

排球

Volleyball

3/F

Boxing

Sports Centre (Low Block)

拳擊

兒童體適能 Children Fitness

舞蹈

**Dancing** 

足球

**Football** 

柔道

Judo

空手道 Karate

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